Bell's Functionality Score (Disability Scale Assessment)

PATIEN [*]	T'S NAME: DATE:	
Place an X in the box next to that which mostly describes how well you are functioning overall today		
Bell's Functionality Score		
100	Fully recovered. Normal activity level with no symptoms	
90	Normal activity with mild symptoms at times	
80	Near normal activity with some symptoms	
70	Able to work full time but with difficulty. Mostly mild symptoms	
60	Able to do about 6-7 hours of work a day. Mostly mild to moderate symptoms	
50	Able to do about 4-5 hours of work or similar activity at home. Symptoms mostly moderate. Daily rests required	
40	Able to leave house every day. Moderate symptoms on average. Able to do about 3-4 hours a day of work or activity like housework, shopping, using computer	
30	Able to leave the house several times a week. Moderate to severe symptoms much of the time. Able to do about 2 hours a day of work at home or activity like housework, shopping, using computer	
20	Able to leave house once or twice a week. Moderate to severe symptoms. Able to concentrate for one hour or less per day	
10	Mostly bedridden. Severe symptoms	
0	Bedridden constantly. Unable to care for self	
Staff to complete: NOTES:		

Modified from the Bell's Functionality Score Downloaded from cfsselfhelp.org.au

ASSESSMENT CARRIED OUT BY: